

# Project Overview

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## Student Focus Group

01/12/2023

**Overview of the Project:** The research focuses on understanding the experiences of students with invisible disabilities in managing academic stress and exploring ways to enhance support mechanisms within our university. However, it's important to note that participation in the focus group does not require disclosing any disabilities or personal information. Your thoughts and experiences as a student are valuable regardless of your background.



A Monument for the Anxious and Hopeful by Candy Chang (2018)

**The aim** of this research is to gain a better understanding of the experiences faced by students within our academic community, particularly in relation to burnout and the support available to mitigate its impact.

Your involvement in this focus group would be immensely appreciated. If you're interested in participating or have any questions, please feel free to **respond via email** ([t.child@lcc.arts.ac.uk](mailto:t.child@lcc.arts.ac.uk)) by **Thursday 30th November**.

### Focus Group Details:

December 1, 2023

12:00 PM - 3:00 PM (incl. 20 min break)

Room: D211

**Thank you** for considering this opportunity to contribute to our academic community. Your insights will play a significant role in shaping positive changes.